

Statement of Purpose

Graig House

Rainbow Therapeutic Ltd

For children and young people aged 9-15 years

Graig House, Ely Valley Road, Talbot Green, CF72 8LL

Tel: 01443 227336

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Section 1: About the provider

Service provider	<i>This should be the name of registered provider</i>
Legal entity	Limited company <input type="checkbox"/>
Responsible individual	<i>Scott Hicks</i>
Manager of service	<i>James Cosgrove</i>
Name of service	<i>Graig House</i>
Address of service	<i>Graig House, Elly Valley Road, Talbot Green, CF72 8LL</i>

Section 2: Description of the location of the service

a) Accommodation based services

Graig House is a large five-bedroom house, set in two acres of land and is registered for four young people aged between 9-15 years (This age will change in line with current residents getting older). Graig House is situated ten minutes from Cardiff (J34). The villages of Talbot Green and Llantrisant lie within a two-mile radius, allowing quick and easy access by transport to local schools, sports centres, attractions and shops. The Taff trail cycle and walking route is also accessible.

The garden has a large astro turf area for outdoor games, in the summer this will include a small swimming pool, swing ball and other garden games to support the children's needs and encourage the ethos of play. Behind the house the raised hill merges into woodland where the children go walking and feed the local horses. Situated at the bottom of the garden is an office where the RI is based.

Inside the house there is a family kitchen and dining area opening into a large sitting room with comfortable furnishings and a variety of children's toys and board games. Messy play and art work is done in the kitchen/dining room.

There is a second cosy sitting room located on the first floor where children are able to relax and also play on their games or watch TV.

A purpose-built laundry room houses two washing-machine, two tumble-dryers and a freezer.

The downstairs shower, toilet and hand basin and is a staff facility only.

The office is located on the ground floor where confidential records and medical supplies are kept in secure cabinets. This room is locked at all times unless occupied by a staff member. Children are only allowed to enter the office when given specific permission by a staff member. Medication is stored in a wall mounted key lockable cupboard.

On the first floor there are four children's bedrooms. The children are encouraged to personalise their bedrooms, to display personal photographs, books and posters etc.

There are two bathrooms upstairs with toilets for the four children. The fifth bedroom is a dedicated staff sleep-in room located in the loft room and accessed by a staircase (children are not permitted to use this area).

Section 3 About the service provided

a) Range of needs we can support

Most Children who are in our care will have experienced multiple Adverse Childhood Experiences (ACE's) and will have spent a significant period of their life in foster or residential care prior to placement.

Typically, our children present complex co-existing problems including conduct disorder, autism, anxiety, depression and oppositional defiance disorder. In order to deliver our therapeutic approach, the residential teams are trained in the principles and techniques of the PACE model (playfulness, acceptance, curiosity and empathy) and Life Story work. The principles of the PACE model are central to our behaviour management programme enabling us to provide a consistent and safe environment where regulation of behaviour can be modelled. The benefits are that it supports the development of trust in relationships, stress management and emotional regulation. The implementation of the PACE model is used by our team in their day to day working practice. A system of comprising reward, praise and consequences underpins our approach. Our consistent approach creates a calm, safe living environment for our children and young people.

We currently supporting external therapy programs, one of these is set out by RCT local authority. The staff will support the young person to attend external sessions on a weekly basis.

We also have links with a psychotherapist who provides weekly sessions to one of the children at Graig, this is a service that is available for all children living within Graig and can be accessed if required and agreed with the home manager and social worker.

The children placed at Graig House have often suffered developmental trauma, abuse and/or problems associated with early attachment. They are often in crisis both at the point of placement and at various times during their stay. During a personal crisis or at times of emotional stress children will often display challenging and problematic behaviour. Our strong ethos of care and structure allows children and young people the opportunity to express themselves and to begin to heal from past traumatic experiences.

We have made children's wellbeing our prime consideration, not only to ensure an improvement in the short-term but also for wellbeing to be sustained in the long term. Upon admission all young people are registered with local GP's, opticians and dentists. We make it a priority that regular health appointments and routine check-ups are made. We encourage the young people to be proactive in looking after their general health, this includes attending appointments, having a varied diet through the use of planned meals and taking part in regular exercise which is incorporated in their weekly planners.

b) Age range of people using the service

9-15 years old

c) Accommodation Based services

Maximum Capacity

In Graig house there is a maximum capacity of 4 children at any given time.

Section 4: How the service is provided

Arrangements for admitting, assessing, planning and reviewing children's care.

It is the intention of Graig House to create a safe and welcoming transition for children into their new home. Admissions to Graig House are planned to ensure a smooth transition for the children. Referrals are made by the children's social worker. As part of a planned admission the house manager and R.I will go to visit the child in their current setting to introduce themselves. We would then envisage that the child will have pre-planned visits and work towards an overnight stay or moving into the home. The child will be encouraged on some of their pre-placement visits to personalise their bedroom, to help them to feel more comfortable on admission. Children will also have the opportunity, on pre-planned visits, to meet staff and the other children living at Graig House, when they can ask any questions they might have. It also gives staff an opportunity to chat about our ethos and expectations. We believe that children require time to adjust to new surroundings and their needs are more appropriately met by a planned admission.

Although our primary ethos is for planned admissions, we will on occasion accept emergency placements, this will be in line with regulation 15 (RISCA). In such occasions a personal plan will be in place within 24 hours, such will then be reviewed within the first 7 days of placement.

A draft Behaviour Management Strategy (BMS) is drawn up prior to admission so that team are confident and informed of likely behaviour triggers and management strategies.

Within Graig House we have individual placement plans for each of the children, these are seen as a working document to which the staff update and review regularly. The home manager will review every 3 months in line with regulation 16 (RISCA). Every 3 months the children will sit down with the home manager and key worker to complete section 1 of the personal plan. Section 1 of the personal plan enables the children to have their say regarding the day to day care they are receiving along with an opportunity to voice any issues they may have. This is then fed directly to the team and where possible adaptations can be made in order to ensure the young person is being listened to.

a) Standard of care and support

We believe that exercise is important for both body and mind. The children come together every week and plan their weekly activities using a weekly planner. The team maintain links with local recreational centres and community resources to facilitate access to a wide range of leisure activities. This is something that has been directly affected by COVID-19, however staff continue to support their children social ability as much as possible. The children will be actively encouraged to attend specialist clubs, sports centres and classes. They are also encouraged to develop interests and hobbies around the house such as art, cookery and crafts.

Graig house is situated in two acres of garden set out to provide several distinct areas of interest to children. We have a large astro turf area for football, picnics and general play where the children can have fun and make positive memories. The team at Graig house are proactive in developing fun activities for the children whilst utilising the grounds at the home, when doing so risk assessments are put in place to ensure the safety of the young people and team, recognising that some areas of the grounds are not appropriate to be accessed by the young people.

Although the children are not educated within the home, team liaise with education providers on a daily basis. The management team will attend visits at the schools regularly along with scheduled CLA and education

planning meetings. If for any reason the children are unable to attend school, onsite support will be given to the children. This is using resources provided by the school.

During the evening, team will support the children with their homework along with reading during the settling period. This is not only used as a tool to support the young people with their reading comprehension but is also a valuable opportunity to reflect on their day.

At Graig house we are firm believers that we are not there to fix the childrens problems, but instead, equip them with the skills necessary to face and conquer these challenges themselves. In light of this we recognise that given the age of the young people we care for, we do need to adopt an approach where we are supportive and encouraging in helping them have control of their everyday lives.

b) Language and communication needs for people using the service

At Graig house we aim to incorporate and promote the welsh culture in day to day life using a fun, relaxed approach. Methods we use include making welsh cakes, having welsh books within the home which are young people read along with welsh signage/furnishings.

Within Graig house there are children who face difficulties with communication skills. We have ensured to put measures in place to support this, methods that we use include social story, visual reward charts and staff training.

Team meetings are also used to share information between staff on how best to support the communication needs of the children. Reflection is used on the systems of working and also discussions about suitability of methods.

Section 5: Staffing arrangements

This section needs to describe how the staffing arrangements are appropriate for the range of needs and specialist services to be provided as described in section 3.

It should demonstrate how staff will be deployed to provide reliable and safe care to individuals.

This should include the following:

Manager:

James Cosgrove Dip 5 H&SC Residential Management CYP, Dip 3 H&SC CYP.

There are approximately 13 residential Care Workers (RCW's) employed at the home. 3 of these are Senior RCW's whose primary job is to lead their shifts. Information regarding the staff at the home is kept confidentially in line with the GDPR act. A list of staff names and qualifications can be found within the homes office. All staff are enrolled on the Social Care Wales 'All Wales Induction Framework for Health & Social Care'. Once completed they are enrolled on the Diploma Level 3 Health & Social Care Children & Young People Award. Senior RCW's are encouraged to progress onto the Diploma Level 5 Advanced Practice Award.

a) Staff levels

Staffing levels

There are 4 staff for 3 Children and Young People at Graig house, this can be increased depending on the needs. 2 staff members carry out sleep in duties.

The Manager is super-numeracy.

The Manager is Diploma level 5 qualified (or equivalent), as per Social Care Wales regulations.

The Manager works standard office hours.

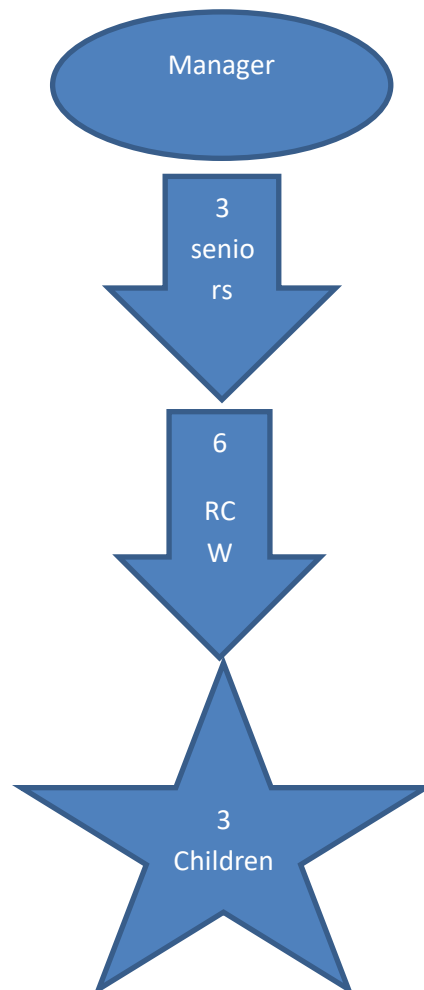
There is a senior on most shift. If a senior is absent, then an experienced RCW will be nominated to act as shift leader in their absence. This would be approved by the manager.

A senior member of staff is always available on call, this information is found on the staff rota.

b) Specialist staff

Graig house has links with an external Music Psychotherapist, psychotherapist and an Art Psychotherapist who are available for long term therapy on a weekly basis if requires. The Music Therapist attends CLA and education reviews and uses information retrieved from such meetings in order to plan sessions. There will be occasions when they are not being used to support the children if the style of therapy does not meet the children's needs. This is something that is discussed with the social worker and decisions made on what best suits the children's needs.

c) Deployment of staff at service (for accommodation based services only)



d) Arrangements for delegated tasks

Team meetings are held on a monthly basis and are chaired by the home manager. The RI usually attends. During team meetings keyworkers report on the progress of their individual children they keywork for. Personal Plan objectives are reviewed and then set for the coming 4 weeks. Objectives are set and

	<p>new tasks are delegated at every stage to ensure accountability. Team meetings are recorded and signed by all staff.</p> <p>Managers usually sit in on handovers during the week. Seniors will then ensure that agreed tasks are followed through.</p> <p>Any Child Protection & Safeguarding issues are reported to the Manager, who would then contact the designated lead.</p> <p>The home operates a senior on-call system for advice and support out of hours and over weekends.</p>
<p>e) Supervision arrangements</p>	<p>All staff are supervised by a senior member of the team on a frequent basis, this being no more than every 2 months. The house manager supervises the senior team. Staff on their probationary period will receive fortnightly supervision. The house manager is supervised by the RI.</p> <p>‘Spot supervision’ is available as a means of extra supervisions for team members.</p>
<p>f) Staff training</p>	<p>All staff are trained in Physical intervention, breakaway techniques and behaviour management. A refresher course is then carried out every 12 months. Our behaviour management training is endorsed by McCormack Training who are a BUILD accredited course.</p> <p>All staff members are registered with tutor care, this is an online, e-learning system where the staff carry out qualifications specific to the care sector.</p>

	<p>All staff members receive face to face training that is delivered in our local training facility specific to job roles.</p> <p>Staff also receive in house training when required that is child centred to be able to meet their needs.</p>
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Section 6: Facilities and services

Accommodation based services only

This section is where you should describe the design, layout, facilities and/or equipment available and how they support the range of needs of the people the service is intended for as described in section 3 above. If there are any unique or specific features about these, you should describe them here.

N.B. This section does not apply to supported living arrangements

You should provide information about:

a) Number of single and shared rooms	There are 4 single bedrooms at Graig which are occupied by the children, they all have individual rooms. There is also a 5 th room which is shared by the staff, this can sleep up to two staff members.
b) Number of rooms with en suite facilities	There are no direct unsuits, however the bathrooms are located directly between bedrooms.
c) Number of dining areas	There is one dining area which is based in the kitchen, this has a large table which can seat 8-10 people.
d) Number of communal areas	The children have a large Livingroom area which is used to play and watch TV on the ground floor, they also have access to a second smaller lounge area

	on the first floor. This is used for playing handheld devices and watching TV.
e) Specialist bathing facilities	There are no specialist bathing facilities at the home and we would be unable to support a child with these specific needs at this moment in time.
f) Specialist equipment	There is no specialist equipment at the home due to no requirements at this moment in time.
g) Security arrangements in place and use of CCTV	There is a house alarm system that is only used during large periods of time to which the home is unoccupied such as holidays. There are no CCTV systems used at the home. All of the children bedroom windows have restrictors fitted. This would be used to deal with issues such as absconding. All outside doors are lockable, with thumb locks on the inside to facilitate easy opening in the event of an emergency. The home has a fire detection system and the necessary fire protection to meet legal standards.
h) Access to outside space and facilities at this service	Graig house is situated in large grounds, this has been adapted in areas to support the children to thrive in a safe environment whereby they can enjoy activities. On the grounds there is also a staff car park. The house is accessed via a sloping ramp or alternatively using steps. There is ample lighting facilities. There are some areas of the grounds which are not accessible by the young people due to potential risks.

Section 7: Governance and quality monitoring arrangements

The young people have access to complain forms which they can fill in if they feel necessary. Young people are encouraged to use these. The manager will then respond to such complaints promptly and if necessary, steps taken to rectify any issues. Young people are made aware of this process upon admission and during house meetings. Complaint forms are also offered after incidents.

We use the following tools to monitor our service.

- Responsible Individual visiting (3 Monthly) under regulation 73 – During this visit a report will be compiled from data gathered during my visit, this will include the voice of the young person. I will speak with the young people that live within the home to gather feedback on how they are cared for and identify if they are happy and are having their needs met. Additionally, I will seek feedback from the staff, house manager and other professionals working alongside the young people for their views on how the home is meeting the individual's needs, and aim to identify any areas of improvement to better the outcomes for the children. I will also look at if the children are supported by advocacy and if this is something that they wish to have. I will use data analysis along with outcomes for young people to identify how the previous 3 months have been for them. There will be actions identified for the staff and home manager to implement for the following 3 months, these will be reviewed on my next visit.
- Regulation 80 Quality of Care Review (6 monthly) – I will complete this document every 6 months to ensure that the care provided meets the standards set out in the statement of purpose in line with RISCA. When doing so I will incorporate regulation 76 engagement with individuals and others, this will be to seek feedback from everyone within the home along with professionals supporting the young people living there. I will aim to use my Reg 73 visits to additionally compile the data into the report. I will review key areas of the home such as complaints, personal plans, incidents, notifiable incidents, safeguarding and whistleblowing.
- Regulation 72 – During an absence of a manager I will ensure that there are arrangements in place to maintain the running of the home along with support to the young people on a day-to-day basis. This will be through using senior staff members within the home/ company, I will also provide more support through extra visits to the home and weekly feedback via email or telephone. If this were to occur for 28 days or more, I would then make a notification to CIW of the absence. If it was an unexpected absence then I would notify CIW after 7 days.
- Team meeting (Monthly) – The home manager will be expected to conduct a staff meeting on a monthly basis. This will be to ensure that the team get the opportunity to feedback on the young people collectively and identify areas of improvement and also what works well. The young people's keyworker sessions will be used as an area to get their voices heard within the meetings.

- Young Person's views – Within the home the young people will have the opportunity to have their voice heard on how they wish to be cared for. Some of the systems used for this will include monthly keyworker sessions, this allows the individual to have one to one time with their keyworker to discuss and areas they wish. Additionally, they will have input in the home on a weekly basis through activity planners, food menus, complaint forms, settling at night and deco of home. The manager and R.I will also support their views during quarterly Placement Plan reviews, they will have the opportunities to speak about their care and what they wish to work towards. The R.I will also speak with the Young people during visits to the home.
- Complaints – Within Graig there will be a policy covering of complaints, this will be found in the office and the young people will be briefed on the process during their admission. There will be complaint forms readily available for the young people to use, additionally the young people can verbally complain to the staff team and management, this is set out in the complaints policy. All complaints will be taken seriously and recorded and reported, there will be a hard back book available along with a file to evidence this within the office.
- Staff Supervision (Monthly) – The home aims to supervise the staff monthly; this will be covered through planned supervision and also spot supervision. This will cover areas around how the individual's relationship is with the children, and training requirements, personal support, what is going well and areas of development.
- Directors meeting (Monthly) – The Directors meetings will be held with the management team from all homes within the company. It will give all managers the opportunity to come together and discuss how their personal homes are functioning, whilst feedbacking back to the directors. The meetings will take on the views of the young people and staff in terms of any items required for the service to function along with staff training requirements.
-